We want all to feel fitter

Whatever it is that you really want to do - get fitter, meet new people or just feel better today - walking is the easy way to a happier, healthier you! **Stop wanting, start walking with us.**

Our free Health Walks are short, low-level walks with a friendly, trained leader to show you the way.

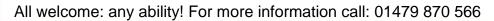
paths

FOR A HAPPIER, HEALTHIER SCOTLAND

Join us!

Ballater Health Walk: Tuesdays Meet at Glenmuick Church Hall, 1.15pm

Ballater Health Walk: Fridays Meet at Glenmuick Church Hall, 10.30am



Cairngorms NATIONAL

Paths for All Partnership is a registered Scottish charity No. SC025535.

healthier