

We want ~~walk!~~ to feel fitter



Whatever it is that you really want to do - get fitter, meet new people or just feel better today - walking is the easy way to a happier, healthier you! **Stop wanting, start walking with us.**

Our free Health Walks are short, low-level walks with a friendly, trained leader to show you the way.

Join us!

Ballater Health Walk: Tuesdays

Meet at Glenmuick Church Hall, 1.15pm

Ballater Health Walk: Fridays

Meet at Glenmuick Church Hall, 10.30am

All welcome: any ability! For more information call: 01479 870 566



Paths for All Partnership is a registered Scottish charity No. SC025535.

**paths
for all**

FOR A HAPPIER,
HEALTHIER SCOTLAND