



Kingussie – Newtonmore

Following route 7 this gentle bike ride is a great way to arrive at the Highland Folk Museum and explore the Highland's rich cultural heritage.



Be bike safe:

- Make sure the route is suitable for everyone in your group
- Follow the Highway Code if you are on roads
- 'Do the ride thing' if off road and respect all other users www.dmbins.com/riders/do-the-ride-thing
- Take plenty of water and snacks
- Carry spares for repairs
- Make sure you are prepared for the weather

Grade: EASY

Terrain: Flat cycle route on roads and tarmacked cycle path

Length: 4.5 miles / 7 km (there and back)

Start: Train Station

For more family cycle routes within the Park visit cairngorms.co.uk



**KNOW THE CODE
BEFORE YOU GO**

outdooraccess-scotland.com



Pàirc Nàiseanta a' Mhonaidh Ruaidh