

# Tread Lightly in the Park



Cairngorms  
NATIONAL PARK

September 2012

## Cairngorms National Park Ranger Services

Rangers welcome visitors to the countryside and help people discover and appreciate what's around them. Rangers run a variety of countryside events that encourage people to learn about the National Park. A small sample of this month's events is listed below – there are many more going on.

### September - Daily WALK AT THE TOP 10.20am & 1.20pm

A guided circular walk to the summit of Cairn Gorm lasting approx 1 hour 30 mins.

Meet at Ptarmigan Top Station. Participants must either walk up to Ptarmigan Top Station or purchase funicular ticket. Wear suitable clothing and footwear.

**Booking:** advisable - tel: 01479 861341

**Cost:** adults £6, junior £4, senior/student £5  
Cairn Gorm Mountain Ranger Service

### September - Daily 10.20am & 1.20pm GUIDED WALK DOWN

A guided walk down the mountain to the Base Station lasting approx 1 hour 45 mins.

Meet at Ptarmigan Top Station. Participants must either walk up to Ptarmigan Top Station or purchase funicular ticket. Wear suitable clothing and footwear.

**Booking:** advisable - tel: 01479 861341

**Cost:** adults £6, junior £4, senior/student £5  
Cairn Gorm Mountain Ranger Service

### Every Friday in September 10am - 11.30am HEALTH WALK

Easy, low-level ranger-led health walk in the beautiful surroundings of the Glen Tanar Estate.

Meet at Braeloigne Visitor Centre Car Park, Glen Tanar or pick up in Aboyne.

**Booking:** essential - tel: 013398 86072 or email: ranger@glentanmar.co.uk

**Cost:** FREE

Glen Tanar Charitable Trust Ranger Service

### September 2nd LOCAL HISTORY WALK 10am - 4pm

Spectacular scenery and fascinating historical sites are the theme for this day. Long mountain walk, good level of fitness required. Distance 14Kms, ascent 260m. Meeting point TBC. Please bring your lunch.

**Booking:** essential - tel: 013397 55059

**Cost:** FREE

Balmoral Estate Ranger Service

### September 2nd MAR LODGE OPEN DAY 10am - 4pm

An opportunity to view the public rooms of the Lodge, and the magnificent Ballroom containing almost 2,500 stags heads.

**Booking:** not required

**Cost:** adults £3, children & NTS members FREE  
National Trust for Scotland Ranger Service

### September 2nd FABULOUS FUNGI 2 - 3.30pm

Fungi for adult beginners.

Meet at Glen Tilt Car Park, by Blair Atholl.

**Cost:** adults £3

Atholl Estates Ranger Service

### September 5, 12, 19 & 26 10.30am & 3.30pm NORTHERN CORRIES WALK

A guided walk into the dramatic Northern Corries.

Children aged 7+ and accompanied by an adult. Wear suitable clothing.

**Booking:** advisable - tel: 01479 861341

**Cost:** adults £12, junior £6, senior/friends £8

Cairn Gorm Mountain Ranger Service



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## September 9<sup>th</sup> LIVING IN THE PAST

1 - 4pm

A leisurely walk in Glen Lui – picture yourself in this historic landscape, and imagine how life might have been in these 15th Century townships.

**Booking:** essential - tel: 013397 20164

**Cost:** adults £5, child U16 £2.50

National Trust for Scotland Ranger Service

## September 15<sup>th</sup> VOLUNTEER DAY WITH JMT

10am - 4pm

Hands on conservation day with the John Muir Trust North East Group at Glen Tanar Estate.

Meet at Braeloine Visitor Centre, Glen Tanar.

**Booking:** essential - tel: 013398 86072 or

email: ranger@glentanmar.co.uk

**Cost:** FREE

Glen Tanar Charitable Trust Ranger Service

## September 15<sup>th</sup> - 24<sup>th</sup> ACTIVE ABOYNE

The Marr Ranger will be leading two walks exploring the natural and social history of mid/upper Deeside.

**Contact:** Mid Deeside Ltd - tel: 013398 85222,

email: activeaboyn@btinternet.com or

visit [www.activeaboyn.co.uk](http://www.activeaboyn.co.uk)

Aberdeenshire Council Ranger Service

## September 16<sup>th</sup> FABULOUS FUNGI

2 - 3.30pm

Fungi for adult beginners.

Meet at Glen Tilt Car Park, by Blair Atholl.

**Cost:** adults £3

Atholl Estates Ranger Service

## September 16<sup>th</sup> FASCINATING FUNGI

1 - 4pm

Ever seen a cauliflower fungus or a toadstool with teeth?!

A beginner's guide to the fascinating array of fungi to be found in the pinewoods.

**Booking:** essential - tel: 013397 20164

**Cost:** adults £5, child U16 £2.50

National Trust for Scotland Ranger Service

## September 23<sup>rd</sup> COYLES OF MUICK WALK

10am - 3.30pm

A very varied route. From the secluded Loch Ullachie to the summit of The Coyles of Muick. With spectacular views across Deeside, Glen Muick and Lochnagar. We then descend through the forest for an encounter with one of the residents of the lost township of Loinmuie.

Meet at main car park in Ballater. Please bring lunch.

**Booking:** essential - tel: 013397 55059

Balmoral Estate Ranger Service

## September 29<sup>th</sup> FANTASTIC FUNGI

10.30am - 12.30pm

A beginner's guide to fungi, including basic id and folklore.

Meet at Hermitage, by Dunkeld, lower car park

**Booking:** not required

**Cost:** adults £4, children £2

National Trust for Scotland Ranger Service

## September 30<sup>th</sup> NAVIGATION SKILLS FOR BEGINNERS

10am - 4pm

Join the Rangers to develop your navigation skills. A

classroom session in the morning to look at maps and compass work followed by practical work in the glen to practise the skills learned.

Meet at Glen Doll Ranger Base (Grid Ref: NO282759)

Stout shoes, suitable clothing and packed lunch required.

**Booking:** essential - only 10 spaces available

Angus Glens Ranger Service



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