

Tread Lightly in the Park



November 2013

Cairngorms National Park Ranger Services Countryside Events

Every Friday in November

(1st, 8th, 15th, 22nd & 29th) 10am - 11.30am

HEALTHWALK

Short, sociable walk for all abilities, to help you recover or maintain well-being.

Booking: not required

Contact: 01339 886072 or

ranger@glentanmar.co.uk

Meet: Glen Tanar Visitor Centre Car Park

Cost: FREE

Glen Tanar Charitable Trust Ranger Service

L4

November 3rd

10am - 3pm

CALEDONIAN PINE FOREST WALK

A guided walk through pristine native pinewoods in the company of a Ranger. Experience the autumn splendor of one of the UK's finest habitats. Learn how these ancient woods are being managed for wildlife.

Bring a packed lunch.

Booking: essential

Contact: 01339 755059

Meet: Keiloch Car Park

Cost: FREE

Balmoral Ranger Service

L4

November 23rd

11am - 3pm

RED SQUIRRELS

Come along and watch the antics of the Red Squirrels at our feeders in the Glen Doll Forest. Stout shoes, warm clothing, packed lunch required. Please bring binoculars if you have them.

Booking: essential

Contact: 01575 550233 or

GlenDollRanger@angus.gov.uk

Meet: Glen Doll Ranger Base

Cost: FREE

Angus Glens Ranger Service

J2

November 2nd

from 6pm

BONFIRE & FIREWORKS

Come and see the sky above Mar Lodge lit up by fireworks. Piped torch-lit procession to light the fire, followed by fireworks.

Best 'Guy' competition.

Booking: not required

Meet: Mar Lodge, nr Braemar

Cost: FREE

National Trust for Scotland Ranger Service

G4

November 16th

10am - 4pm

HANDS ON CONSERVATION

A day of 'putting something back' for nature. All welcome, adults or accompanied children.

Booking: essential

Contact: 01339 886072 or

ranger@glentanmar.co.uk

Meet: Glen Tanar Visitor Centre, Glen Tanar

Cost: FREE

Glen Tanar Charitable Trust Ranger Service

L4

November 25th

6.30pm - 8pm

CHRISTMAS ARTS & CRAFTS

Come and make your own natural Christmas decorations as the town is lit up with festive lights. Look for details in the local press nearer the time.

Contact: 01479 873914 or

saranne.bish@highland.gov.uk

Meet: The Town House, Grantown-on-Spy

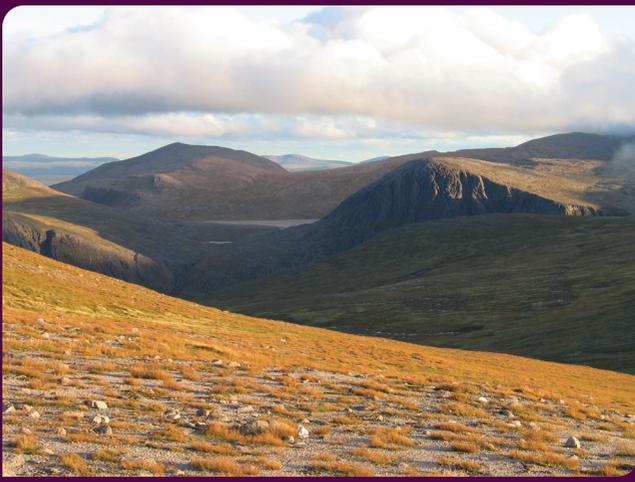
Cost: £3 per child

Highland Council Ranger Service

G8

When you are enjoying the outdoors the key things to remember are:

- Take responsibility for your own actions
- Respect the interests of other people
- Care for the environment
- Contact the Cairngorms National Park Authority www.cairngorms.co.uk for more information



SCOTTISH
OUTDOOR ACCESS CODE

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BEFORE YOU GO**

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Year of Natural
Scotland 2013

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